



# AQUATIC SPRINGS INDOOR POOL

7025 S. Fort Apache Rd., Las Vegas, NV 89148

(702) 455-1708

togetherforbetter

## General Information

### Admission Fees

Youth (3-17 YRS.) \$2  
Adult (18-54 YRS) \$3  
Senior (55+ YRS) \$1

### Swim Passes

Swim Passes can be purchased at any Clark County Community Center or Aquatic Center.

#### 90-Day Family Pass \$100

Includes up to 4 family members in the same household. Additional members can be added for \$20 each.

#### 90 Day Individual

Youth (3-17 YRS) \$40  
Adult (18-54 YRS) \$60  
Senior (55+ YRS) \$20

#### Annual Family Pass \$300

Includes up to 4 family members in the same household. Additional members can be added for \$40 each.

#### Annual Individual

Youth (3-17 YRS) \$120  
Adult (18-54 YRS) \$180  
Senior (55+ YRS) \$60

### Pool Closure Dates

October 25th - Nevada Day  
October 31st - Closing @12 PM  
November 11th - Veteran's Day  
November 28th - Closing @12PM  
November 29th-30th - Thanksgiving  
December 13th - Closing @5PM

\*Please note that pool hours/days of operation are subject to change. Closure for inclement weather, special events, and unforeseeable events may occur.\*

### Office Hours

Mon.- Fri.....6:00am-7:00pm  
Saturday.....8:00am-3:00pm  
Sunday.....CLOSED

### Lap Swim Hours

Monday - Thursday .....6:00am-12:00pm\*  
3:00pm-7:00pm\*  
Friday.....6:00am-12:00pm\*  
3:00pm-7:00pm\*  
Saturday.....8:00am-3:00pm  
Sunday.....CLOSED

### Family Swim Hours

Monday - Thursday.....6:00am-12:00pm\*  
3:00pm-5:00pm\*  
Friday.....6:00am-12:00pm\*  
3:00pm-7:00pm\*  
Saturday.....11:00am-3:00pm  
Sunday.....CLOSED

\*Limited space in the lap and/or family pool due to programming.\*



The first Friday of every month, we will host our Inflatable Fun Friday! We will have, the Obstacle Course, Rock Climbing Wall, and Inflatable Slide up. along with different themed music each month!

Space in both the Lap Pool and Family Pool will be limited on these Fun Fridays.

Any children under the age of 18, must pass a swim test before they can: use the Rock Climbing Wall, Obstacle Course, or swim in the lap lanes.

## Class Registration Information

### Session 7 Registration

September 26th, 2024 @7:00 AM

### Session 7 Dates

7A - Oct. 7th - Oct. 24th  
7B - Oct. 28th - Nov. 14th  
SAT. - Oct. 12th - Nov. 16th

\*For Session 7A - there are no classes on Friday, October 25th for Nevada Day.\*

\*For Session 7B - there are no classes on Thurs. October 31st AND Mon. November 11th.\*

\*This brochure reflects dates/times for session 7 ONLY.\*

November 18th - December 28th is our flex period. This means that we might offer private lessons, however we are not planning on offering any group lessons at this time.

See below for Session 1 Information

### Session 1 Registration

December 19th, 2024 @7:00 AM

### Session 1 Dates

1A - Jan. 6th - Jan. 23rd  
1B - Jan 27th - Feb. 13th  
SAT. - Jan 11th - Feb 15th

\*For Session 1A - there are no classes on January 20th for MLK.\*

Register Online At:

[www.ClarkCountyNV.gov/ParksRegistration](http://www.ClarkCountyNV.gov/ParksRegistration)

## Youth Swimming Lessons - 3 Weeks

### Water Introduction - 30 min.

**Recommended Age: 6 MO. - 5 YRS.**

**Participant Ratio:** 1 instructor to 10 parent/guardian & student pairs

**An adult MUST be in the water at all times during classes.**

**Pool Location:** Family Pool (0 to 4 feet)

**Class Goals:** To build swimming readiness by emphasizing fun in the water. Adults & children participate in guided classes together.

**Skills Included:** Safe water entry & exit, blowing bubbles, front & back floats, kicking on front & back, freestyle arm movement, underwater exploration, and basic water safety skills.

**Skills Required to Pass:** 1) Separate from a parent/guardian while taking part in group activities 2) Listen & take direction in a group setting

**\*\*Children who require diapers must wear a swim diaper under their swimsuit\*\***

Day	Times	Age	Water Introduction		Activity Code
			7A	7B	
M/W	5:45 PM	.5-5 YRS	\$30	\$25	749100
T/TH	9:30 AM   10:15 AM				
	5:45 PM	.5-5 YRS	\$30	\$25	749100
FRI	9:30 AM	.5-5 YRS	\$25		749100
SAT	10:30 AM	.5-5 YRS	\$30		749100







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## Youth Swimming Lessons Cont. - 3 Weeks

### Water Independence - 30 min.

**Recommended Age:** 3 YRS - 8 YRS

**Participant Ratio:** 1 instructor to 6 participants

**Pool Location:** Family Pool (0 to 4 feet)

**Skills Required to Enter:** 1) Separate from a parent/guardian while taking part in group activities 2) Listen & take direction in a group setting

**Class Goals:** To build basic water competency with minimal support.

**Skills Included:** Safe water entry & exit, blowing bubbles, bobs, relaxed submersion, rolling from front to back floats, streamlines on front & back, flutter kicks on front & back, proper kickboard use, basic freestyle, finning on back, jumping into water with submersion, and basic water safety skills.

**Skills Required to Pass:** 1) Jump into water, completely submerge head, resurface, and exit the pool using ladder or stairs 2) Start 10 ft. away from wall or stairs: front float for 5 seconds, roll over to a back float for 5 seconds, then swim back to start with minimal support

### Stroke Introduction - 45 min.

**Recommended Age:** 5 YRS - 9 YRS

**Participant Ratio:** 1 instructor to 6 students

**Pool Location:** Family Pool & Lap Pool (4 to 9 feet)

**Skills Required to Enter:** 1) Jump into water, completely submerge head, resurface, and exit the pool using ladder or stairs 2) Start 10 ft. away from wall or stairs: front float for 5 seconds, roll over to a back float for 5 seconds, then swim back to start with minimal support

**Class Goals:** To refine freestyle, introduce backstroke, swim without any support, and build confidence entering the lap pool.

**Skills Included:** Independent air recovery, rolling to back as air recovery for freestyle, longer distances for freestyle, basic backstroke, changing direction while swimming, feet-first deep water entries, introduction to treading, and basic water safety skills.

**Skills Required to Pass:** 1) Jump into lap pool and return to the wall 2) Swim approx. 12 yards of freestyle independently 2) Swim approx. 12 yards of backstroke independently

### Stroke Progression - 45 min.

**Recommended Age:** 6 YRS - 12 YRS

**Participant Ratio:** 1 instructor to 8 students

**Pool Location:** Lap Pool (7 to 9 feet)

**Skills Required to Enter:** 1) Jump into lap pool and return to the wall 2) Swim approx. 12 yards of freestyle independently 2) Swim approx. 12 yards of backstroke independently

**Class Goals:** To refine basic swimming strokes to achieve proficiency (freestyle & backstroke), review treading, and to introduce elementary backstroke and breaststroke.

**Skills Included:** Side breathing for freestyle to improve proficiency & endurance, refined backstroke, elementary backstroke, breaststroke, basic treading, and basic water safety skills.

**Skills Required to Pass:** 1) Jump into lap pool, fully submerge, swim 12 yards of backstroke, turn around and swim freestyle with effective side breathing, then exit the pool 2) Swim 12 yards of elementary backstroke 3) Tread for 15 seconds with head above the water



### Advanced Stroke Development - 45 min.

**Recommended Age:** 7 YRS - 12 YRS

**Participant Ratio:** 1 instructor to 10 students

**Pool Location:** Lap Pool (7 to 9 feet)

**Required Skills to Enter:** 1) Jump into lap pool, fully submerge, swim 12 yards of backstroke, turn around and swim freestyle with effective side breathing, then exit the pool 2) Swim 12 yards of elementary backstroke 3) Tread for 15 seconds with head above the water

**Class Goals:** To refine all basic swimming strokes and treading to proficiency, and to introduce sidestroke, butterfly, sitting and kneeling dives.

**Skills Included:** Refined elementary backstroke & breaststroke, introduce sidestroke, proficient treading with sculling and eggbeater kick, butterfly, sitting & kneeling dives, and basic water safety skills.

**Exit Skills Required:** 1) Tread for 1 minute 2) 5 strokes of butterfly 3) 25 yards of breaststroke 4) 25 yards of freestyle w/ effective side breathing 5) 25 yards of backstroke 6) 25 yards of elementary backstroke

Stroke Progression				
Day	Times	Age	Cost	Activity Code
<b>7A   7B</b>				
M/W	4:00 PM	3-12 YRS	\$30   \$25	749103
T/TH	4:00 PM	3-12 YRS	\$30   \$25	749103
SAT	9:15 AM	3-12 YRS	\$30	749103



Advanced Stroke Development				
Day	Times	Age	Cost	Activity Code
<b>7A   7B</b>				
M/W	5:00 PM	3-12 YRS	\$30   \$25	749104
T/TH	5:00 PM	3-12 YRS	\$30   \$25	749104
SAT	8:15 AM	3-12 YRS	\$30	749104

Water Independence				
Day	Times	Age	Cost	Activity Code
<b>7A   7B</b>				
M/W	5:00 PM   6:30 PM	3-12 YRS	\$30   \$25	749101
T/TH	5:00 PM   6:30 PM	3-12 YRS	\$30   \$25	749101
SAT	8:15 AM   9:00 AM 9:45 AM   10:30 AM	3-12 YRS	\$30	749101

Stroke Introduction				
Day	Times	Age	Cost	Activity Code
<b>7A   7B</b>				
M/W	4:00 PM	3-12 YRS	\$30   \$25	749102
T/TH	4:00 PM	3-12 YRS	\$30   \$25	749102
SAT	9:15 AM	3-12 YRS	\$30	749102



## Youth Programs - 6 Weeks

### Intro to Aquatic Sports - 45 min.

This class is designed to introduce participants to the mechanics of aquatic sports such as competitive swimming, water polo, artistic swimming, and junior lifeguarding skills. Water safety skills are also incorporated into the lessons.

**Skills Required to Enter:** 1) Swim 25 yards of freestyle with effective side breathing 2) Swim 25 yards of backstroke 3) Swim 25 yards of elementary backstroke 4) Swim 25 yards of breaststroke. 5) Swim 5 strokes of butterfly 6) Complete 1 minute of treading.

**It is highly recommended that the participant complete Advanced Stroke Development before enrolling.**

#### Intro to AQ Sports

We are not offering Intro to AQ Sports during Session 7.

### Artistic Swimming - 60 min.

This is a recreational level artistic swimming program that encourages teamwork and self-esteem. Participants will learn the fundamentals of artistic swimming, which blends creative movement and dance in the water.

**Skills Required to Enter:** 1) Swim 25 yards independently 2) Tread water for 45 seconds.

**It is highly recommended that the participant complete Advanced Stroke Development before enrolling.**

**Skills Required to Enter Advanced Artistic Swimming:** Participants must have approval from the instructor

#### Artistic Swimming

We are not offering Artistic Swimming during Session 7.

### Water Polo - 60 min.

This recreational water polo course covers teamwork, fitness, critical thinking, decision making, agility and endurance. Participants will learn proper swimming techniques, how to tread water efficiently using the eggbeater technique, handle, pass and shoot a ball, along with goal keeping.

**Skills Required to Enter:** Participants must be able to swim 50 yards of the pool independently and tread water for 1 minute.

**It is highly recommended that the participant complete Advanced Stroke Development before enrolling.**

Water Polo				
Day	Times	Age	Cost	Activity Code
T/TH	4:00 PM	6-17 YRS	\$55	749108
SAT	8:00 AM	6-17 YRS	\$30	749108

### Recreational Swim Team - 60 min.

This is a recreational level swim team program that encourages teamwork and self-esteem. Participants will practice developing strokes and improve personal times and skills. Emphasis is on personal improvement.

**Skills Required to Enter:** 1) Swim 25 yards of freestyle with effective side breathing 2) Swim 25 yards of backstroke 3) Swim 25 yards of elementary backstroke 4) Swim 25 yards of breaststroke. 5) Swim 5 strokes of butterfly 6) Complete 1 minute of treading.

**It is highly recommended that the participant complete Advanced Stroke Development before enrolling.**

Recreational Swim Team				
Day	Times	Age	Cost	Activity Code
M/W	6:00 PM	6-17 YRS	\$55	749108
T/TH	6:00 PM	6-17 YRS	\$55	749108
SAT	10:30 AM	6-17 YRS	\$30	749108



### Adult/ Teen Swimming Lessons - 3 Weeks

#### Beginner - 45 min.

These swim lessons are designed to meet each participant's personal goals within a group setting.

Instructors work with each participant to overcome apprehension and learn basic swimming skills such as floating, submersion, and basic stroke development. This class mostly takes place in shallow water, however it may move to deep water depending on participants' readiness.

Beginning Adult/Teen				
Day	Times	Age	Cost	Activity Code
<b>7A   7B</b>				
M/W	5:00 PM	13 YRS +	\$30   \$25	749107
SAT	10:15 AM	13 YRS +	\$30	749107

#### Intermediate/ Advanced - 45 min.

These swim lessons are designed to meet each participant's personal goals within a group setting.

Instructors work with each participant to refine skills such as treading, diving, and stroke development.

This class usually takes place in the lap pool, however it may move to shallow water if needed.

Advanced Adult/Teen				
Day	Times	Age	Cost	Activity Code
<b>7A   7B</b>				
T/TH	5:15 PM	13 YRS +	\$30   \$25	749107



### Water Aerobics - 6 Weeks

#### Shallow Water Aerobics - 60 min.

Jump into our water aerobics classes and build cardiovascular fitness and strength. Our water aerobics classes are easy on your joints, yet challenging enough to help you reach new levels of fitness. Our water aerobics classes are suitable for any fitness level, from beginning exercisers through elite athletes. Working out in the water is a fun way to improve your joint range of motion, flexibility and balance through the comfortable resistance of water.

This class takes place in the shallow water. **Participants should work at their own pace and let the instructor know of any problems.**

Shallow Water Aerobics				
Day	Times	Age	Cost	Activity Code
T/TH	7:00 AM	13 YRS +	\$33	749110
FRI	8:15 AM	13 YRS +	\$15	749110
SAT	8:00 AM	13 YRS +	\$18	749110





## Water Aerobics Cont.- 6 Weeks

### Deep Water Aerobics - 60 min.

Jump into our water aerobics classes and build cardiovascular fitness and strength. Our water aerobics classes are easy on your joints, yet challenging enough to help you reach new levels of fitness. Our water aerobics classes are suitable for any fitness level, from beginning exercisers through elite athletes. Working out in the water is a fun way to improve your joint range of motion, flexibility and balance through the comfortable resistance of water. This class takes place in the lap pool and may involve some swimming.

**Participants should work at their own pace and let the instructor know of any problems.**

#### Deep Water Aerobics

Day	Times	Age	Cost	Activity Code
T/TH	8:15 AM	13 YRS +	\$33	749110
FRI	7:00 AM	13 YRS +	\$15	749110
SAT	9:15 AM	13 YRS +	\$18	749110

## Private Lessons

### Private Lessons - 25 min.

These are 1 on 1 lessons designed to meet the individual needs of each swimmer. These lessons are limited in space and are first come, first serve.



Day	Times	Private Lessons			Activity Code
		Age	Cost		
M	3:25 PM	ANY	\$28		749106
T	3:25 PM	ANY	\$28		749106
W	3:25 PM	ANY	\$28		749106
TH	3:25 PM	ANY	\$28		749106
F	10:15 AM	ANY	\$28		749106
S	8:05 AM   8:40 AM 9:15 AM   9:50 AM	ANY	\$28		749106

## Rental Information



### Private Facility Rentals

**Private rentals take place outside of normal operating hours.**

You and your guests will be the only group in the facility.

Community Rate - \$100/hour  
(2-hour minimum)

Commercial Rate - \$200/hour  
(2-hour minimum)

Includes 100 guests. \$15/for every additional 20 guests.

**\*Extra amenities available w/ additional charge.**

## \*Extra Amenities\* (Private Facility Rentals Only)

\*Price for each amenity includes the additional staff required to set up and guard those areas.\*

### - Inflatable Obstacle Course



**\$175**

\*Anyone under the age of 18 MUST pass a swim test before they can use this amenity.\*

### -Inflatable Slide



**\$75**

\*For small Children.\*

### -Climbing Rock Wall

**\$75**

\*Anyone under the age of 18 MUST pass a swim test before they can use this amenity.\*



## Classroom/ Public Rental

**Public rentals take place during our normal operating hours.**

You and your guests will share the pool space with the public.

You will have the classroom to yourself to utilize.

Community Rate - \$55/hour  
(2-hour minimum)

Commercial Rate - \$110/hour  
(2-hour minimum)

Includes 35 guests. Additional guests will be charged at daily admission rate.

**Extra amenities are NOT available for public rentals.**

## Lap Lane Rentals



**For groups wishing to rent lanes, please call 702-455-1708.**

**\*MUST have a valid certificate of insurance.\***

Rental Request Form can be found on our website:

<https://clarkcountynv.gov>

Please send completed rental request to [Jame.Homm@ClarkCountyNV.gov](mailto:Jame.Homm@ClarkCountyNV.gov)

